

CCESD-R for PAIN AND SPINE SPECIALISTS - PAUL E. PINSON, M.D.

Patient Name: \_\_\_\_\_ Patient DOB: \_\_\_\_\_ Date: \_\_\_\_\_

1. Rate your pain on a 1-10 scale, with 10 being the highest. \_\_\_\_\_
2. How many areas of pain do you suffer from? \_\_\_\_\_
3. What are the actual areas of pain? (circle all that apply)  
**Headache, Neck, Right arm, Left arm, Lower back, Right Leg, Left leg, Abdomen, Face, Chest, Tailbone, Mid back, Other** \_\_\_\_\_

**For the remaining questions, please circle based on frequency:** (A) *Less than one day*  
(B) *not at all* (C) *1-2 days* (D) *3-4 days* (E) *5-6 days* (F) *every day for last two weeks*

4. In the past week or so, I could not focus on important things :-> \_\_\_\_\_
5. In the past week, my appetite was poor :-> \_\_\_\_\_
6. In the past week, I could not shake off the blues :-> \_\_\_\_\_
7. In the past week, I had trouble keeping my mind on what I was doing :-> \_\_\_\_\_
8. In the past week, I felt depressed :-> \_\_\_\_\_
9. In the past week, my sleep was restless :-> \_\_\_\_\_
10. In the past week, I felt sad :-> \_\_\_\_\_
11. In the past week, I could not get going :-> \_\_\_\_\_
12. In the past week, nothing made me happy :-> \_\_\_\_\_
13. In the past week, I felt like a bad person :-> \_\_\_\_\_
14. In the past week, I lost my interest in my usual activities :-> \_\_\_\_\_
15. In the past week, I slept much more than usual :-> \_\_\_\_\_
16. In the past week, I felt like I was moving slowly :-> \_\_\_\_\_
17. In the past week, I felt fidgety :-> \_\_\_\_\_
18. In the past week, I wished I were dead :-> \_\_\_\_\_
19. In the past week, I wanted to hurt myself :-> \_\_\_\_\_
20. In the past week, I was tired all the time :-> \_\_\_\_\_
21. In the past week, I did not like myself :-> \_\_\_\_\_
22. In the past week, I lost a lot of weight without trying to :-> \_\_\_\_\_
23. In the past week, I had a lot of trouble getting to sleep :-> \_\_\_\_\_
24. In the past week, I could not focus on important things :-> \_\_\_\_\_

Patient Signature: \_\_\_\_\_